

Lakeshore Life

A Luxury Senior Living Community

28801 Jefferson Avenue • St. Clair Shores, Michigan 48081 • www.lakeshoreseniorlivingscs.com

Sept/Oct 2017

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Smoothing Your Move

By Rachel Nagorsen

When I started this journey with Lakeshore we had our first depositor event with roughly 9 people getting to know each other inside our little leasing office! Our most recent event brought in nearly 80 guests! It's been an amazing and FUN experience to see our Lakeshore family grow!

This past week, our guests had the opportunity to listen to a powerful guest speaker, Marcia Relyea, who spoke about all the changes that may be happening in your life right now. As a senior, she was able to address feelings she is experiencing as she and her husband prepare to make a move from their home into a smaller living arrangement.

Marcia talked about all the different emotions that one can be feeling during this experience; excitement, nervous, anxious and even overwhelmed. However, it is our attitude that makes the outcome of it! We can control our attitude which in turn determines our outlook on the journey.

Our Lakeshore family is going to have a beautiful new home, new friends, delicious food, and ample opportunities to engage with others and ENJOY their days! Let's not forget about the cocktails! (Our depositors never do!)

Great insight was also given into how to help one determine what to bring to your new home and what to part with.



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Announcements

Models Available to Tour!

Room Specific Views of Lake!

Pet Friendly

**Leasing Office
located on St.
Gertrude and
Jefferson**

Hours:

**Monday:
9 AM- 5 PM**

**Wednesday & Friday:
8:30 AM- 5 PM**

**Tuesday & Thursday:
8:30 AM- 6 PM**

Saturday: 9 AM- 3 PM

Sunday: By Apt

**Walk-Ins welcome or
call 586.218.6228 to
make an appointment**

Marcia's speech will be available on our website if anyone is interested in seeing it! We are very grateful she was able to share such encouragement with our group.

In addition to our guest speaker, we provided our depositors with resources and contacts to help make this transition as seamless as possible.

With many prizes to win, we had plenty of people leave with more than just a new friend or two!

Lakeshore Senior Living anticipates opening our doors at the end of December/beginning part of January 2018.

There are one-bed room lakeview apartments and non-lake views available to reserve!

10 Tips for Downsizing

1. **Start Early-** It's never too early to begin sorting through belongings.
2. **Plan Ahead-** Know how big your new living space will be. Plan what furniture you can bring and what you are able to leave behind.
3. **Create Lists-** Make lists of things you need to do, such as turning off utilities, transferring mailing subscriptions, lists of belong you want to bring, donate or sell.
4. **Ask for Help-** Ask family members and friends early on to help you move. You shouldn't think you'll be able to do it all on your own.
5. **Start Making Decisions-** Sometimes deciding what to keep can be the hardest part of a move. We attach to memories. Keep in mind you may need to make some hard decisions.
6. **Give Things Away-** Ask family members or friends if they want to take anything.
7. **Save the Memories-** You may not have room for all those old photo albums, but you can see if someone can digitize them for you.
8. **Use Up What you Can-** Use up perishable items and paper products.
9. **Clean as You Go-** As you're packing, dust and vacuum the areas as you go. Clean little by little.
10. **Create "first day" Box-** Place items together so you're ready to go your first night in your new home!

Meet the Staff: Human Resource Manager



Timprince's first job was as a certified nurse assistant at Sunrise Senior Living in Rochester Hills. Throughout college, she continued to work in the senior living communities and hospitals. In 2004, she earned a Bachelor's degree in Human Resources from Oakland University. Her career in HR began immediately after.

She continued her education and earned her Master's degree in Human Resources from Central Michigan University. Timprince has experience in a variety of different industries, but is most excited to get back to her roots working with seniors!

Timprince has two children; 1 year-old-girl and a 5-year-old boy! She will be celebrating 10 years of marriage this September.

Save The Date! Community Fall Clean Up!!!

Thursday, October 26th 2017 2 PM - 5 PM

Do you have stacks of paper that need to be shredded? Clothes you haven't worn in years? Medication that is expired or needs to be discarded?

**ONE trip to us will take care of it all!
All are welcome.**



Making sure it's secure.™



DOING THE
MOST GOOD™

**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

Office Number: (586) 218-6228

Village Staff

Rachel Nagorsen
Sales & Leasing Manager

Ann Campbell
Sales & Leasing Specialist

Audra Frye
Director of Sales and Marketing

Timprince Graves
Human Resource Manager



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org

Embrace the possibilities