

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



August 2020



Wellness Calendar

<p>10:00 AM Mass on TV (MT) 2 1:00 PM Sunday Matinee (MT) 11:00 PM Independent Activity Cart (V) 3:00 PM Independent Sunshine Walk (Café)</p>	<p>10:00 AM Walk in the Park (Café) 3 11:00 AM Friendly Group Competition (DR) 1:00 PM Educational Series (MT) 2:00 PM Movie (MT) 2:30 PM Afternoon Social (Café) 3:00 PM Jewelry Making (V) 7:00 PM Monday Night Movie(MT) All Day – Bingo with a Twist (GR)</p>	<p>10:30 AM Rosary (LC) 4 10:45 AM Outdoor Walking Club with Lisa (Café) 11:00 AM Arts & Culture (MT) 1:00 PM Independent Activity Cart (V) 2:00 PM Movie (MT) 2:45 PM Strength and Balance (FR)</p>	<p>10:00 AM Dumbbell Exercise (FR) 5 10:30 AM KUPONK!! (V) 10:30 AM Bible Study (MT) 11:00 AM Writing Workshop (V) 1:00 PM Card Bingo (V) 2:00 PM Movie (MT) All Day – Bingo with a Twist(GR) The View Open 3PM -6PM</p>	<p>10:45 AM Functional Fitness (FR) 6 11:00 AM Poetry Reading on the Front Patio with Amanda 11:00 AM Banking Trips 1:00 PM Sun Catcher Craft (V) 2:00 PM Movie (MT) 2:45 PM Gentle Yoga (FR) 3:00 PM Book Club (LC) 3PM – 5PM Create & Sip (V) The View Open 3PM – 7:30 PM</p>	<p>10:00 AM Sitting Exercise (FR) 7 10:30 AM Trivia (FR) 1:30 PM Gardening Club (V) 3:00 PM Happy Hour (V) 3:00 PM Special Treat in Café 3:45 PM Live Entertainment on Patio 7:00 PM Movie (MT) All Day – Bingo with a Twist (GR) The View Open 3:30PM – 7:30PM</p>	<p>10:00 AM Exercise Class (FR) 1 10:30 AM Brain Games (FR) 1:00 PM Homemade Healthy Snacks(V) 2:00 PM Comedy Hour (MT) 3:00 PM Virtual Concert The Beatles (MT) 4:00 PM Religious Movie (MT)</p>
<p>10:00 AM Mass on TV (MT) 9 1:00 PM Sunday Matinee (MT) 11:00 PM Independent Activity Cart (V) 3:00 PM Independent Sunshine Walk (Café)</p>	<p>10:00 AM Walk in the Park (Café) 10 11:00 AM Friendly Group Competition (DR) 1:00 PM Educational Series (MT) 2:00 PM Movie (MT) 2:30 PM Afternoon Social (Café) 3:00 PM Jewelry Making (V) 7:00 PM Monday Night Movie(MT) All Day – Bingo with a Twist (GR)</p>	<p>10:30 AM Rosary (LC) 11 10:45 AM Outdoor Walking Club with Lisa (Café) 11:00 AM Arts & Culture (MT) 1:00 PM Independent Activity Cart (V) 2:00 PM Movie (MT) 2:45 PM Strength and Balance (FR)</p>	<p>10:00 AM Blood Pressure (V)* 12 10:00 AM Balloon Bobble (FR) 10:30 AM Bible Study (MT) 10:30 AM KUPONK!! (V) 11:00 AM Writing Workshop 1:00 PM Card Bingo (V) 2:00 PM Live Entertainment on Patio 7:00 PM Movie (MT) All Day – Bingo with a Twist (GR) The View Open 3PM-6PM</p>	<p>10:45 AM Functional Fitness (FR) 13 11:00 AM Poetry Reading on the Front Patio with Amanda 11:00 AM Banking Trips 1:00 PM Glass Craft (V) 2:00 PM Bunco (V) 2:00 PM Movie (MT) 2:45PM Gentle Yoga (FR) 3PM – 5PM Create & Sip (V) The View Open 3pm-7:30pm</p>	<p>10:00 AM Sitting Exercise (FR) 14 10:30 AM Trivia (FR) 1:30 PM Gardening Club (V) 2:00 PM Movie (MT) 3:00 PM Special Treat in the Cafe 3:00 PM Happy Hour (V) 7:00 PM Movie (MT) The View Open 3pm-7:30pm</p>	<p>10:00 AM Exercise Class (FR) 15 10:30 AM Brain Games (FR) 1:00 Door Décor (V) 2:00 PM Comdey Hour (MT) 3:00 PM Virtual Concert Ella Fitzgerald (MT) 4:00 PM Religious Movie (MT)</p>
<p>10:00 AM Mass on TV (MT) 16 1:00 PM Sunday Matinee (MT) 11:00 PM Independent Activity Cart (V) 3:00 PM Independent Sunshine Walk (Café)</p>	<p>10:00 AM Walk in the Park (Café) 17 11:00 AM Friendly Group Competition (DR) 1:00 PM Educational Series (MT) 2:00 PM Movie (MT) 2:30 PM Afternoon Social (Café) 3:00 PM Jewelry Making (V) 7:00 PM Monday Night Movie(MT) All Day – Bingo with a Twist (GR)</p>	<p>10:30 AM Rosary (LC) 18 10:45 AM Outdoor Walking Club with Lisa (Café) 11:00 AM Arts & Culture (MT) 1:00 PM Independent Activity Cart (V) 2:00 PM Movie (MT) 2:45 PM Strength and Balance (FR)</p>	<p>10:00 AM Dumbbell Exercise (FR) 19 10:30 AM KUPONK!! (V) 10:30 AM Bible Study (MT) 11:00 AM Writing Workshop (V) 1:00 PM Card Bingo (V) 2:00 PM Live Entertainment on Patio 7:00 PM Movie (MT) All Day – Bingo with a Twist(GR) The View Open 3PM -6PM</p>	<p>10:45 AM Functional Fitness (FR) 20 11:00 AM Poetry Reading on the Front Patio with Amanda 11:00 AM Banking Trips 1:00 PM Craft (V) 2:00 PM Movie (MT) 2:45 PM Gentle Yoga (FR) 3PM – 5PM Create & Sip (V) The View Open 3pm-7:30pm</p>	<p>10:00 AM Sitting Exercise (FR) 21 10:30 Trivia (FR) 1:30 Gardening Club (V) 2:00 PM Movie (MT) 3:00 PM Special Treat in the Cafe 3:00 PM Happy Hour (V) 7:00 PM Movie (MT) All Day – Bingo with a Twist (GR) The View Open 3pm-7:30pm</p>	<p>10:00 AM Exercise Class (FR) 22 10:30 AM Brain Games (FR) 1:00 PM Homemade Blueberry Jam (V) 2:00 PM Comedy Hour (MT) 3:00 PM Virtual Concert Bob Chester and his Orchestra(MT) 4:00 PM Religious Movie (MT)</p>
<p>10:00 AM Mass on TV (MT) 23 1:00 PM Sunday Matinee (MT) 11:00 PM Independent Activity Cart (V) 3:00 PM Independent Sunshine Walk (Café)</p>	<p>10:00 AM Walk in the Park (Café) 24 11:00 AM Friendly Group Competition (DR) 1:00 PM Educational Series (MT) 2:00 PM Movie (MT) 2:30 PM Afternoon Social (Café) 3:00 PM Jewelry Making (V) 7:00 PM Monday Night Movie(MT) All Day – Bingo with a Twist (GR)</p>	<p>10:30 AM Rosary (LC) 25 10:45 AM Outdoor Walking Club with Lisa (Café) 11:00 AM Arts & Culture (MT) 1:00 PM Independent Activity Cart (V) 2:00 PM Movie (MT) 2:45 PM Strength and Balance (FR)</p>	<p>10:00 AM Dumbbell Exercise (FR) 26 10:30 AM KUPONK!! (V) 10:30 AM Bible Study (MT) 11:00 AM Writing Workshop (V) 1:00 PM Card Bingo (V) 2:00 PM Live Entertainment on Patio 7:00 PM Movie (MT) All Day – Bingo with a Twist(GR) The View Open 3PM -6PM</p>	<p>10:45 AM Functional Fitness (FR) 27 11:00 AM Poetry Reading on the Front Patio with Amanda 11:00 AM Banking Trips 1:00 PM Craft (V) 2:00 PM Movie (MT) 2:45 PM Gentle Yoga (FR) 3PM – 5PM Create & Sip (V) The View Open 3pm-7:30pm</p>	<p>10:00 AM Sitting Exercise (FR) 28 10:30 AM Trivia (FR) 1:30 PM Gardening Club (Cafe) 2:00 PM Card Bingo (V) 3:00 PM Birthday Cupcakes in Cafe 3:00 PM Happy Hour (V) 7:00 PM Movie (MT) All Day – Bingo with a Twist (GR) The View Open 3pm-7:30pm</p>	<p>10:00 AM Exercise Class (FR) 29 10:30 AM Brain Games (FR) 1:00 PM Homemade Ice-cream (V) 2:00 PM Comedy Hour (MT) 3:00 PM Virtual Concert Nat King Cole (MT) 4:00 PM Religious Movie (MT)</p>
<p>10:00 AM Mass on TV (MT) 30 1:00 PM Sunday Matinee (MT) 11:00 PM Independent Activity Cart (V) 3:00 PM Independent Sunshine Walk (Café)</p>	<p>10:00 AM Walk in the Park (Café) 31 11:00 AM Friendly Group Competition (DR) 1:00 PM Educational Series (MT) 2:00 PM Movie (MT) 2:30 PM Afternoon Social (Café) 3:00 PM Jewelry Making (V) 7:00 PM Monday Night Movie(MT) All Day – Bingo with a Twist (GR)</p>					

Key for Rooms:
 LC = Lakeshore Chapel
 AS = Art Studio MT = Movie Theater
 V = The View GR = Game Room
 LL = Lakeshore Library FR = Fitness Room
 DR = Dining Room Café = Lakeshore Café
 DP = Dining Room Outside Patio
RED = BUS TRIP (BT)
BLUE = Fitness Classes

