

Sunday

Monday

Tuesday

Wednesday

Thursday














Friday

Saturday

**March 2018**  
Wellness Calendar



**Key for Rooms:**  
 LC = Lakeshore Chapel  
 MT = Movie Theater  
 GR = Game Room  
 AS = Art Studio  
 LL = Lakeshore Library  
 LP = Lakeshore Pub  
 FR = Fitness Room  
 DR = Dining Room  
 RED = BUS TRIP

<p>9am Personal Prayers LC 2pm Calm Coloring &amp; Sketching AS 7pm Chess &amp; Checkers GR</p> <p><b>4</b></p>	<p>10am Sitting Exercise FR 10:30am March IQ Trivia FR 2pm Bingo DR 3pm Knitting &amp; Crocheting Club AS 7pm Monday Night Movie: "42" MT</p> <p><b>5</b></p>	<p><b>10am Meijer</b>  2pm Cooking Group: Minty Shamrock Parfaits AS 3pm Tech Help w/ Rae LL <i>(Sign-up with concierge prior to)</i> 7pm Game of Choice GR</p> <p><b>6</b></p>	<p>10:30am Bible Study w/ Sadie* LC 2pm Italian Music Show w/ Jim Ayres DR 3pm Balloon Volleyball VVC Exercise Game FR 7pm Euchre GR</p> <p><b>7</b></p>	<p><b>10am Disability Network Presentation*</b> LP 2pm Village Victory Cup Pep Rally! MT 3pm Coupon Clipping for our Troops AS 7pm Card Games GR</p> <p><b>8</b></p>	<p>10am Chair Dancing FR 10:30am Word Scramble FR <b>2pm Banking Trips</b>  2pm Card Bingo LP 3pm Happy Hour LP <b>4:30pm Dinner Out</b>  <b>Out at VFW Fish Fry</b> 7pm Movie &amp; Popcorn: "The Great Gilly Hopkins" MT</p> <p><b>9</b></p>	<p>10am Morning Crossword Puzzles AS 2pm Afternoon Tea with Friends DR 7pm Yahtzee GR</p> <p><b>10</b></p>
<p>10am Personal Prayers LC 2pm Jigsaw Puzzle AS 7pm Pinochle GR</p> <p><b>11</b></p> <p><b>Daylight Savings Time Begins</b></p>	<p>10am Sitting Exercise FR 10:30am Double Trouble Word Game FR 2pm Bingo DR 3pm Knitting &amp; Crocheting Club AS <b>3pm Belson Hearing Services* AS</b> 7pm Monday Night Movie: "Hoovey" MT</p> <p><b>12</b></p>	<p><b>10am Meijer</b>  2pm Shamrock Pins AS 3pm March Madness Bracket Challenge GR 3:30pm Balloon Volleyball FR  7pm Game of Choice GR</p> <p><b>13</b></p>	<p>10:30am Bible Study w/ Sadie* LC 2pm Pi Day Pie Social LP 3pm Kick-a-roo VVC Exercise Game FR 7pm Rummy GR</p> <p><b>14</b></p>	<p><b>11:00am Lunch</b>  <b>Out at Marcus Burger</b> 2pm Pamper Party with Vicki &amp; Rose from Mary Kay* AS 3pm Cooking: Corn Beef Rueben Dip AS 7pm Card Games GR</p> <p><b>15</b></p>	<p><b>10am Kroger</b>  10am Sitting Exercise FR 10:30am Who/What am I? FR 2pm Group Painting AS 3pm Pre-St. Patty's Day Happy Hour LP 7pm Movie &amp; Popcorn: "10,000 BC" MT</p> <p><b>16</b></p>	<p>10am Morning Crossword Puzzles AS <b>2pm St. Patrick's Day Party w/ Accordion Music by James DR</b> 7pm Yahtzee GR</p> <p><b>17</b></p> <p><b>St. Patrick's Day</b> Wear Green</p>
<p>10am Personal Prayers LC 2pm Coupon Clipping for our Troops AS 7pm Connect Four GR</p> <p><b>18</b></p>	<p><b>10am Khol's</b>  10am Sitting Exercise FR 10:30am ABC's of Spring Word Game FR 2pm Bingo &amp; Pizza DR 3pm Knitting &amp; Crocheting Club AS 7pm Monday Night Movie: "Man of the House" MT <b>St. Joseph's Day</b></p> <p><b>19</b></p>	<p><b>10am Meijer</b>  2pm Spring Craft AS <b>2pm Banking Trips</b> 3pm Tech Help w/ Rae LL <i>(Sign-up with concierge prior to)</i> 7pm Concentration Game GR</p> <p><b>20</b></p> <p><b>First Day of Spring</b></p>	<p>10:30am Bible Study w/ Sadie* LC <b>2pm Catholic Mass w/ Father Jim* LC</b> 3pm Balloon Volleyball VVC Exercise Game FR 7pm Euchre GR</p> <p><b>21</b></p>	<p>10am Relaxation Session MT 2pm Card Making AS 3pm Book Club LL 7pm Festival Flutes Music* LP</p> <p><b>22</b></p>	<p>10am Chair Dancing FR 10:30am Dog Breed Trivia FR 2pm Card Bingo LP 3pm Happy Hour LP 7pm Movie &amp; Popcorn: "Let There Be Light" MT</p> <p><b>23</b></p>	<p>10am Morning Crossword Puzzles AS 2pm Calm Coloring &amp; Sketching AS 7pm Farkle GR</p> <p><b>24</b></p>
<p>10am Personal Prayers LC 2pm Jigsaw Puzzle AS 7pm Rummy GR</p> <p><b>25</b></p> <p><b>Palm Sunday</b></p>	<p>10am Sitting Exercise FR 10:30am Random Trivia FR 2pm Bingo DR 3pm Resident Council Meeting LC 7pm Monday Night Movie: "Wild Oats" MT</p> <p><b>26</b></p>	<p><b>10am Meijer</b>  2pm Men's Group LP 2pm Red Hat Ladies - Cooking: Easter Egg Rice Crispies AS 3pm Sing-a-long MT 7pm Game of Choice GR</p> <p><b>27</b></p>	<p>10:30am Bible Study w/ Sadie* LC <b>2pm Welcome Party &amp; Birthday Celebration w/ Gary Pillow DR</b> 3pm Kick-a-roo VVC Exercise Game FR 7pm Pinochle GR</p> <p><b>28</b></p>	<p><b>8:30am Breakfast</b>  <b>Out at Red Olive</b> <b>1pm Detroit Tigers Opening Day Party LP</b> 3pm Coupon Clipping for our Troops AS 7pm Card Games GR</p> <p><b>29</b></p> <p><b>Opening Day!</b>  Wear your Detroit Tigers Apparel</p>	<p><b>10am Walking in the Park (Weather Permitting)</b>  2pm Easter Egg Coloring AS 3pm Happy Hour &amp; Egg-stra Special Jokes LP 7pm Movie &amp; Popcorn: "Son of God" MT</p> <p><b>30</b></p> <p><b>Good Friday</b></p>	<p><b>9am-12pm Easter Pancake Breakfast and Egg Hunt</b>  10am Morning Crossword Puzzles AS 2pm Afternoon Tea with Friends DR 7pm Yahtzee GR</p> <p><b>31</b></p> <p><b>Passover</b></p>