

# Lakeshore Life

An Exclusive Senior Living Community

28801 Jefferson Avenue • St. Clair Shores, Michigan 48081 • [www.lakeshoreseniorlivingscs.com](http://www.lakeshoreseniorlivingscs.com)

March/April 2017

## Featured Articles

Entering a New Chapter: Senior Living Pg. 1

Meet the Staff Pg. 3

Event Invite Pg. 4



## Entering a New Chapter: Senior Living

Every year it seems more and more people are making New Year resolutions. Eating healthier. Exercising More. Shopping less. Spending more time with family. Sound familiar? Did you make one? What about doing something to better your health and quality of life? What about saying goodbye to some of the struggles in your life and making the decision to move into a Senior Living Community?

There are many people probably thinking after that question, "Why would I move into a Senior Living Community? I'm still able to take care of myself."

Moving into a Senior Living Community does not mean you need help with the daily tasks of life. In fact, it essentially means the opposite. An Independent Living Community is an atmosphere that strives to keep seniors active and independent for as long as possible so they can enjoy life instead of worrying about that yard work that needs to be



taken care of or calling that repair company to fix the sink for the third time this year.

According to *A Place for Mom*, the following reasons are why seniors prefer a senior living community.

- 1) No Stress Yard Work and Home Maintenance
- 2) Vanquishing Boredom
- 3) Improved Family Relationships
- 4) Better Food
- 5) An End to Stressful Driving
- 6) Feeling Like Myself Again
- 7) Making New Friends
- 8) Finally Feeling Safe

Can you relate to any of these reasons?

[www.LakeshoreSeniorLivingSCS.com](http://www.LakeshoreSeniorLivingSCS.com)



Continued on page 2

Continued from page 1

Moving from a house that you have turned into a home over the past several years or even decades is a decision that will bring many emotions to you, which is completely normal.

Helpguide.org has provided a list of questions to ask yourself to help determine if a Senior Living Community may be the right fit for you.

1) How easy is it for me to maintain my current home?

It could be that your backyard needs too much maintenance or it's becoming difficult to keep those extra unoccupied rooms cleaned. Are the stairs becoming more difficult day after day?

2) Is it difficult for me to connect with friends and family?

Maybe your home is making it more difficult to allow you to come and go as easily as you'd like, which is leading to more isolation. Isolation can greater your risk for depression and mental health problems.

3) How easy is it for me to get around?

If you are finding yourself less comfortable with driving, you may find that you are relying on family and friends to get you around. It may hard to attend activities that you enjoy or even keep doctor's appointments.

4) How is my health (and the health of my spouse)?

Your current and future health and well-being; as well as the health of your spouse, is ultimately the most important fact to consider.

Every year, one way or another everyone is trying to become a better "me". Ultimately, that is my goal as well. I am trying to become a better "me" by helping you become a better YOU.



**Rachel Nagorsen**  
Sales and Leasing Manager

## Announcements

Color Samples Available:

- Granite Countertop
- Carpet
- Walls
- Flooring
- Bathroom Countertop

Views from Second and Third Floor Lakeview Apartments

Virtual Views of Living/Dining Room and Kitchen

Pet Friendly

**Leasing Office located on St. Gertrude and Jefferson**

**Hours:**  
**Monday**  
**9 AM- 5 PM**

**Wednesday & Friday**  
**8:30 AM- 5 PM**

**Tuesday & Thursday**  
**8:30 AM- 6 PM**

**Saturday 9 AM- 3 PM**

**Walk-Ins welcome or call 586.218.6228 to make an appointment**

## Meet the Staff: Sales and Leasing Manager

*By: Rachel Nagorsen*

As I approach 30 years old, I have spent 14 of those years working with seniors in the health care industry. Growing up I had a dream to become a lead anchor on the local news. Little did I know at the time that my part-time high school job as a dietary aide would play such a factor in my life.

I graduated from Oakland University with a major in Journalism and minor in Communications. I was lucky enough my senior year to have an internship with WDIV Channel 4's Investigative Reporting Unit. As graduation came and applying for jobs that would essentially lead to my career started happening, my mind was brought back to jobs I had all throughout my schooling. It wasn't long before I realized that my passion was not truly in the broadcasting field; it was with the seniors I worked with over the past several years.

After working as a dietary aide for 9 years, I spent some time working at a family owned medical supply company. From there I became part of a national health care company and worked within their skilled nursing facilities' Admissions Department for 4 years. I have been blessed to work with seniors in many different aspects and times in their life.

This past December I became part of Lakeshore Senior Living's team and could not be more thrilled. I am blessed to be able to combine my passion of journalism and communication with my love for seniors. I believe as a "sales person" it is not just my job to sell apartments, but to be a resource for others and make you comfortable with this decision. I'm not selling "apartments"; I am here to offer you a life that will provide you with comfort, joy, and most importantly new friendships. These walls are being built to house a family full of laughter and love and I can't wait to be a part of it!



# Invites you to.....

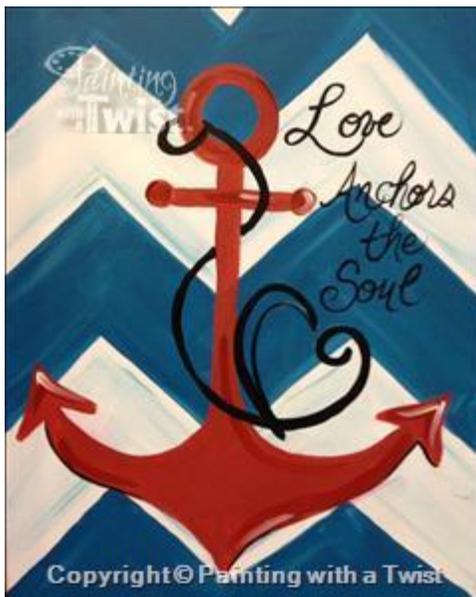


**When: Wednesday, April 19<sup>th</sup> @ 3 PM- 6 PM**

**Where: Grosse Pointe Yacht Club; 788 Lakeshore Road, Grosse Pointe 48236**

**What is Painting with a Twist?**

**Enjoy step-by-step instructions from an experienced and enthusiastic local artist to create a beautiful painting! You'll leave with a beautiful painting for your new apartment at Lakeshore! Whether you are an experienced painter or a first timer, it is okay!**



## **Details**

**RSVP: Limited seating! Must RSVP by Thursday April 13<sup>th</sup> to Rachel or Ann at 586-218-6228! Welcome to bring a friend, but please let us know name when RSVPing!**

**Timing: We will have food and beverages from 3 PM -4 PM. Painting will begin at 4 until 6 PM**

**What you will paint!**

**Presbyterian Villages  
of Michigan  
Mission Statement**

Guided by our  
Christian heritage,  
we serve seniors of  
all faiths and create  
new possibilities for  
quality living.

[www.pvm.org](http://www.pvm.org)

**Office Number: (586) 218-6228**

**Village Staff**

**Rachel Nagorsen**  
*Sales & Leasing Manager*

**Ann Campbell**  
*Sales & Leasing Specialist*

**Audra Frye**  
*Director of Sales and Marketing*

---



**LAKESHORE**  
senior living



OF MICHIGAN  
THE FOUNDATION

Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit [www.pvmfoundation.org](http://www.pvmfoundation.org)

**Embrace the possibilities**