

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2019

Wellness Calendar

<p>10am Personal Prayers LC 1pm-4pm Sunday Funday: Board Games and Cards V 1pm Sunday Matinee & Gourmet Hot Cocoa MT 3pm Chocolate Confections AS 7pm Mexican Train Dominoes AS</p> <p>The View Open 1pm-4pm</p>	<p>10am Trivia FR 10:30am "Heart and Sole" Walking Club in Café 11am Village Victory Cup Pep Rally MT 2pm Bingo DR 2:30pm Drum Ball Beat FR 3pm-4pm Jewelry Sale in the Café* 7pm Monday Night Movie: "Black Panther" MT</p>	<p>10am Pączki Social in Café 10:30am Arthritis Exercise FR 11am Gentle Yoga FR 11am Free Blood Pressure Checks* V 1pm Pinochle V 2pm Mardi Gras Mask Design AS 2:30pm-4:30pm Costco Memberships in Café* 2:30pm Healthy Eating GR 3pm Rosary & Prayers LC 7pm Card Games in Café Mardi Gras and Fat Tuesday Wear Purple, Gold, and Green</p>	<p>10am Dumbbell Upper Body Exercises FR 10:30am Bible Study & Ashes w/ Pastor Adam* GR 2pm Musical Entertainment w/ Gary Pillow 3pm Wii Bowling GR 7pm Puzzle Time GR</p> <p>The View Open 3pm-6pm Ash Wednesday</p>	<p>10am Nino Salvaggio's 10:30am Young at Heart FR 11am Better Balance FR 2pm Senior Brian Fitness Seminar* GR 2:30pm Functional Fitness FR 3pm Book Club LC 4pm Thursday Pub Trivia V</p> <p>The View Open 3pm-7:30pm</p>	<p>10am Sitting Exercise FR 10:30am Who/What am I? FR 2pm DIY Room & Linen Spray AS 3pm Happy Hour V 7pm Movie & Popcorn: "Seven Brides for Seven Brothers" MT</p> <p>The View Open 3pm-7:30pm</p>	<p>10am Brain Game Worksheets GR 2pm Bingo DR 3:50pm St. Lucy's Mass 4:30pm Our Lady of Hope Mass 7pm Yahtzee GR</p> <p>The View Open 3pm-7:30pm</p>
<p>10am Personal Prayers LC 1pm-4pm Sunday Funday: Board Games and Cards V 1pm Sunday Matinee & Gourmet Hot Cocoa MT 3pm Tea & Scones Social Hour AS 7pm Mexican Train Dominoes AS</p> <p>The View Open 1pm-4pm Day Light Savings Time Begins</p>	<p>10am Casino Trip: MGM 10:30am "Heart and Sole" Walking Club in Café 11:15am VVC Practice FR 2pm Bingo DR 2pm Belsono Hearing Services* AS 3pm Shamrock Shake Social in Café 2:30pm Drum Ball Beat FR 7pm Monday Night Movie: "Miracle" MT</p>	<p>10am Village Market 10:30am Arthritis Exercise FR 11am Gentle Yoga FR 1pm Pinochle V 2pm Food Committee Meeting DR 2pm Tech Help w/ Rae LL (sign-up with concierge prior to) 2:30pm Healthy Eating GR 3:30pm Prayers for Mother of Perpetual Help LC 7pm Card Games in Café</p>	<p>10am Chair Dancing FR 10:30am Bible Study w/ Pastor Adam* GR 1pm Irish Documentary – "The Irish Rebellion 1916" MT 3pm Wii Bowling GR 7pm Puzzle Time GR</p> <p>The View Open 3pm-6pm</p>	<p>10am Kohl's 10:30am Young at Heart FR 11am Better Balance FR 12:15pm Movie Trip 2:30pm Functional Fitness FR 3pm Coupon Clipping for the Troops GR 4pm Thursday Pub Trivia V</p> <p>The View Open 3pm-7:30pm</p>	<p>10am Dollar Tree 10am Sitting Exercise FR 10:30am Trivia FR 2pm Healthy Snacks AS 3pm Happy Hour V 7pm Movie & Popcorn: "Clue" MT</p> <p>The View Open 3pm-7:30pm</p>	<p>10am Brain Game Worksheets GR 2pm Bingo DR 3:50pm St. Lucy's Mass 4:30pm Our Lady of Hope Mass 7pm Yahtzee GR</p> <p>The View Open 3pm-7:30pm</p>
<p>10am Personal Prayers LC 1pm-4pm Sunday Funday: Board Games and Cards V 1pm Sunday Matinee & Gourmet Hot Cocoa MT 2pm St. Patrick's Day Party DR 3pm Homemade Irish Cream AS 7pm Mexican Train Dominoes AS</p> <p>The View Open 1pm-4pm St. Patrick's Day Wear Green</p>	<p>10am Trivia FR 10:30am "Heart and Sole" Walking Club in Café 11:15am VVC Practice FR 2pm Bingo DR 2:30pm Drum Ball Beat FR 3pm Jewelry Making V 7pm Monday Night Movie: "Dances with Wolves" MT</p>	<p>10am Trader Joes 10:30am Arthritis Exercise FR 11am Gentle Yoga FR 1pm Pinochle V 2:30pm Healthy Eating GR 3pm Rosary & Prayers LC 4:30pm-6pm Themed Dinner – "Mardi Gras Masquerade" 7pm Card Games in Café</p>	<p>10am Dumbbell Upper Body Exercises FR 10:30am Bible Study w/ Pastor Adam* GR 11:15pm Lunch Out: Peking Villa 2pm Catholic Mass w/ Father Jim* LC 3pm Wii Bowling GR 7pm Puzzle Time GR</p> <p>The View Open 3pm-6pm</p>	<p>10am Meijer 10:30am Young at Heart FR 11am Better Balance FR 2pm Heart of the Hills Performance DR 2:30pm Functional Fitness FR 3pm Book Club LC 4pm Thursday Pub Trivia V 6:30pm Open Mic Night – GTKYN & Singalong V</p> <p>The View Open 3pm-7:30pm</p>	<p>10am Sitting Exercise FR 10:30am Trivia FR 2pm Card Bingo V 3pm Happy Hour V 7pm Movie & Popcorn: "Sense and Sensibility" MT</p> <p>The View Open 3pm-7:30pm</p>	<p>10am Independent Craft AS 2pm Bingo DR 3:50pm St. Lucy's Mass 4:30pm Our Lady of Hope Mass 7pm Scrabble GR</p> <p>The View Open 3pm-7:30pm</p>
<p>10am Personal Prayers LC 1pm-4pm Sunday Funday: Board Games and Cards V 1pm Sunday Matinee & Gourmet Hot Cocoa MT 3pm Flameless Candle Votive AS 7pm Mexican Train Dominoes AS</p> <p>The View Open 1pm-4pm</p>	<p>10am Trivia FR 10:30am "Heart and Sole" Walking Club in Café 11:15am VVC Practice FR 2pm Bingo DR 2:30pm Drum Ball Beat FR 3pm Resident Council DR 7pm Monday Night Movie: "Just Married" MT</p>	<p>10am Kroger 10:30am Arthritis Exercise FR 11am Gentle Yoga FR 1pm Pinochle V 2pm Tech Help w/ Rae LL (sign-up with concierge prior to) 2:30pm Healthy Eating GR 3:30pm Prayers for Mother of Perpetual Help LC 7pm Card Games in Café</p>	<p>10am Chair Dancing FR 10:30am Bible Study w/ Pastor Adam GR 11:30am New Resident Lunch w/ Executive Director DR 2pm Monthly Birthday Welcome Party w/ Richard S. DR 3pm Wii Bowling GR 4pm Dinner Out: Red Lobster 7pm Puzzle Time GR</p> <p>The View Open 3pm-6pm</p>	<p>10am Walmart 10:30am Young at Heart FR 11am Better Balance FR 2pm Chapel Service With Pastor Rolf* LC 2:30pm Functional Fitness FR 3pm Coupon Clipping for the Troops GR 4pm Thursday Pub Trivia V</p> <p>The View Open 3pm-7:30pm</p>	<p>10am Independent Exercise FR 2pm DIY Heating Pads AS 3pm Happy Hour V 7pm Movie & Popcorn: "Captain Ron" MT 7pm Shrek The Musical Play at Grosse Pointe Theatre</p> <p>The View Open 3pm-7:30pm</p>	<p>10am Brain Game Worksheets GR 2pm Bingo DR 3:50pm St. Lucy's Mass 4:30pm Our Lady of Hope Mass 7pm Yahtzee GR</p> <p>The View Open 3pm-7:30pm</p>
<p>10am Personal Prayers LC 1pm-4pm Sunday Funday: Board Games and Cards V 1pm Sunday Matinee & Gourmet Hot Cocoa MT 3pm Door Décor – 4 Seasons Wreath AS 7pm Mexican Train Dominoes AS</p> <p>The View Open 1pm-4pm</p>						<p>Key for Rooms: LC = Lakeshore Chapel MT = Movie Theater GR = Game Room AS = Art Studio LL = Lakeshore Library V = The View FR = Fitness Room DR = Dining Room RED = BUS TRIP BLUE = Fitness Classes</p>

