

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Key for Rooms: LC = Lakeshore Chapel MT = Movie Theater GR = Game Room AS = Art Studio LL = Lakeshore Library V = The View FR = Fitness Room DR = Dining Room RED = BUS TRIP BLUE = Fitness Classes</p>	<p>10am Sitting Exercise FR 1 10:30am Trivia FR 2pm Bingo DR 3pm Jewelry Making AS 7pm Monday Night Movie: <i>"Sinatra: To Be Frank"</i> MT</p>	<p>10am Trader Joes 2 10am FUNctional Fitness FR 10:45am Better Balance FR 1pm Pinochle V 1:30pm Drum Ball Beat <i>(second floor south lounge area)</i> 2pm Tea in the Royal Tea Room 4pm Tech Help w/ Rae LL <i>(sign-up with concierge prior to)</i> 7pm Card Games in Café</p>	<p>10am Karaoke Exercise FR 3 10:30am Bible Study w/ Pastor Adam* LC 12pm Trip to the Movies 4 3pm Coupon Clipping for the Troops GR 7pm Puzzle Time GR</p> <p>The View Open 3pm-6pm</p>	<p>10am Salvation Army 4 10am Young at Heart FR 10:45am Better Balance FR 1:30pm Gentle Yoga FR 3pm Progressive Relaxation MT 4pm Thursday Pub Trivia V 6:30pm Card Games V</p> <p>The View Open 3pm-7:30pm</p>	<p>10am Sitting Exercise FR 5 10:30am Trivia FR 2pm Chocolate Confections AS 3pm Happy Hour V 7pm Movie & Popcorn: <i>"To All the Boys I've Loved Before"</i> MT</p> <p>The View Open 3pm-7:30pm</p>	<p>10am Classic Shows MT 6 2pm Bingo DR 3:30pm St. Lucy's Mass 4:15pm Our Lady of Hope Mass 7pm Yahtzee GR</p> <p>The View Open 3pm-7:30pm</p>
<p>10am Personal Prayers LC 7 1pm-4pm Sunday Funday: Board Games and Cards V 2pm Homemade Air Freshener AS 7pm Mexican Train Dominoes AS</p> <p>The View Open 1pm-4pm</p>	<p>10am Casino Trip: MGM 8 2pm Bingo DR 2pm Belsono Hearing Services* AS 3pm Cooking Group: Pumpkin Muffins V 7pm Monday Night Movie: <i>"Class Rank"</i> MT</p> <p>Columbus Day</p>	<p>10am Nino Salvinggio 9 10am Spiritual Music w/ Christine* DR 10am FUNctional Fitness FR 10:45am Better Balance FR 11:30-12:30pm Picture Day DR 1pm Pinochle V 1:30pm Drum Ball Beat <i>(second floor south lounge area)</i> 2pm Costume Creation AS 3pm Rosary LC 7pm Card Games in Café</p>	<p>10am Food Committee Meeting DR 10 10:30am Bible Study w/ Pastor Adam* LC 12pm-1pm Pizza Sale in the Café 2pm Heart of the Hills Performance DR 3pm Wii Bowling 7pm Puzzle Time GR</p> <p>Breast Cancer Awareness Day – Wear Pink!</p> <p>The View Open 3pm-6pm</p>	<p>10am Meijer 11 10am Young at Heart FR 10:45am Better Balance FR 1:30pm Gentle Yoga FR 2pm Physical Therapy Presentation & Bingo* DR 3pm Book Club LC 4pm Thursday Pub Trivia V 6:30pm Open Mic Night – GTKYN & Singalong V</p> <p>The View Open 3pm-7:30pm</p>	<p>10am Sitting Exercise FR 12 10:30am Trivia FR 2pm Card Bingo V 3pm Happy Hour V 7pm Movie & Popcorn: <i>"The Shack"</i> MT</p> <p>The View Open 3pm-7:30pm</p>	<p>10am Calm Coloring & Crosswords AS 13 2pm Bingo DR 3:30pm St. Lucy's Mass 4:15pm Our Lady of Hope Mass 7pm Scrabble GR</p> <p>The View Open 3pm-7:30pm</p>
<p>10am Personal Prayers LC 14 1pm-4pm Sunday Funday: Board Games and Cards V 2pm Button Art AS 7pm Mexican Train Dominoes AS</p> <p>The View Open 1pm-4pm</p>	<p>10am Sitting Exercise FR 15 10:30am Trivia FR 2pm Bingo DR 3pm Jewelry Making AS 7pm Monday Night Movie: <i>"The Guernsey Literary & Potato Peel Pie Society"</i> MT</p>	<p>10am Village Mark 16 10am FUNctional Fitness FR 10:45am Better Balance FR 1pm Pinochle V 1:30pm Drum Ball Beat <i>(second floor south lounge area)</i> 2pm Pumpkin Painting AS 3pm Tech Help w/ Rae LL <i>(sign-up with concierge prior to)</i> 4:30pm-6:30pm Themed Dinner & Music DR – Oktoberfest</p>	<p>10am Karaoke Exercise FR 17 10:30am Bible Study w/ Pastor Adam* LC 11:15am Lunch Out: Peaking Villa 2pm Catholic Mass w/ Father Jim* LC 3pm Coupon Clipping for the Troops GR 7pm Puzzle Time GR</p> <p>The View Open 3pm-6pm</p>	<p>10am Dollar Tree 18 10am Young at Heart FR 10:45am Better Balance FR 1:30pm Gentle Yoga FR 2pm Chapel Service w/ Pastor Rolf* LC 3pm Erma's Frozen Custard 4pm Thursday Pub Trivia V 6:30pm Never Have I Ever Game V</p> <p>The View Open 3pm-7:30pm</p>	<p>10am Sitting Exercise FR 19 10:30am Trivia FR 11am Sunshine Visits 2pm Ghost Lollipop Craft AS 3pm Happy Hour V 7pm Movie & Popcorn: <i>"Fair Game"</i> MT</p> <p>The View Open 3pm-7:30pm</p>	<p>10am Classic Shows MT 20 2pm Bingo DR 3:30pm St. Lucy's Mass 4:15pm Our Lady of Hope Mass 7pm Yahtzee GR</p> <p>Sweetest Day The View Open 3pm-7:30pm</p>
<p>10am Personal Prayers LC 21 3pm-5pm Fall Festival 2018 7pm Mexican Train Dominoes AS</p> <p>The View Open 1pm-4pm</p>	<p>10am Sitting Exercise FR 22 10:30am Trivia FR 2pm Bingo DR 3pm Cooking Group: Worms & Dirt Dessert Cups AS 7pm Monday Night Movie: <i>"Penelope"</i> MT</p>	<p>10am FUNctional Fitness FR 23 10:45am Better Balance FR 1pm Pinochle V 1:30pm Drum Ball Beat <i>(second floor south lounge area)</i> 2pm Cooking Demo w/ Chef Sarah DR 3pm Rosary LC 7pm Card Games in Café</p>	<p>10am Chair Dancing FR 24 10:30am Bible Study w/ Pastor Adam* LC 2pm Welcome Party & Birthday Celebration w/ Jeff C. DR 3pm Wii Bowling 4pm Dinner Out: Kavan's Tavern 7pm Puzzle Time GR</p> <p>The View Open 3pm-6pm</p>	<p>10am Belle Isle Fall Leaves Tour 25 10am Young at Heart FR 10:45am Better Balance FR 1:30pm Gentle Yoga FR 2pm Progressive Relaxation MT 3pm Book Club LC 4pm Thursday Pub Trivia V 7pm Festival Flutes V</p> <p>The View Open 3pm-7:30pm</p>	<p>10am Sitting Exercise FR 26 10:30am Trivia FR 2pm Card Bingo V 3pm Happy Hour V 6:30pm-7:30pm Trick-or-Treat the Halls!</p> <p>The View Open 3pm-7:30pm</p>	<p>10am Calm Coloring & Crosswords AS 27 2pm Bingo DR 3:30pm St. Lucy's Mass 4:15pm Our Lady of Hope Mass 7pm Scrabble GR</p> <p>The View Open 3pm-7:30pm</p>
<p>10am Personal Prayers LC 28 1pm-4pm Sunday Funday: Board Games and Cards V 2pm Fall Decoupage Project AS 7pm Mexican Train Dominoes AS</p> <p>The View Open 1pm-4pm</p>	<p>10am Sitting Exercise FR 29 10:30am Trivia FR 2pm Bingo DR 3pm Resident Council Meeting DR 7pm Monday Night Movie: <i>"Role Models"</i> MT</p>	<p>10am Kroger 30 10am-12pm Costco Memberships in the Café 10am FUNctional Fitness FR 10:45am Better Balance FR 1pm Pinochle V 1:30pm Drum Ball Beat <i>(second floor south lounge area)</i> 2pm Edsel & Eleanor Ford House Tour 3pm Tech Help w/ Rae LL <i>(sign-up with concierge prior to)</i> 7pm Card Games in Café</p>	<p>10am Karaoke Exercise FR 31 10:30am Bible Study w/ Pastor Adam* LC 2pm Halloween Party and Costume Contest! DR 3pm Coupon Clipping for the Troops GR 7pm Puzzle Time GR</p> <p>Happy Halloween</p> <p>The View Open 3pm-6pm</p>	<p>October 2018 Wellness Calendar</p>		

