

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>10:00 AM Personal Prayers (LC) 1</p> <p>1:00 PM Sunday Matinee and Gourmet Hot Cocoa (MT)</p> <p>1:00 PM Sunday Funday (V)</p> <p>3:00 PM Mosaic Sun Catchers (AS)</p> <p>7:00 PM Card Games GR</p> <p>The View Open 1pm-4pm</p>	<p>10:00 AM Independent Exercise (FR) 2</p> <p>2:00 PM Labor Day Special Bingo (DR)</p> <p>7:00 PM Monday Night Movie: Space Cowboys (MT)</p> <p></p> <p>Labor Day</p>	<p>10:00 AM Outdoor Walking Club (BT) 3</p> <p>11:15 AM New Resident Lunch w/ Executive Director (DR)</p> <p>1:00 PM Pinochle (V)</p> <p>1:00 PM "Senior Years" Pictures (GR)</p> <p>2:00 PM Tech Help with Rae (LL)</p> <p>(sign up prior to)</p> <p>2:00 PM Facials & Satin Hands w/ Vicki and Rose* (AS)</p> <p>2:45 PM Strength & Balance (FR)</p> <p>3:00 PM Spiritual Music with Christine (DR)</p> <p>7:00 PM Downton Abby Series (MT)</p>	<p>10:00 AM Shopping: Nino Salvaggio (BT) 4</p> <p>10:30 AM Bible Study* (LC)</p> <p>12:15pm Macomb Mall (BT)</p> <p>2:00 PM Entertainment: Tom Birchler (DR)</p> <p>3:00 PM Wii Bowling (GR)</p> <p>3:30 PM Bridge (Cafe)</p> <p>7:00 PM Puzzle Time (GR)</p> <p>The View Open 3pm-6pm</p>	<p>9:00 AM Lost & Found Table (Cafe) 5</p> <p>10:15 AM FUNctional Fitness (FR)</p> <p>11:00 AM Better Balance (FR)</p> <p>11:30 AM Fitness Assessments(FR)</p> <p>2:00 PM Bunco (V)</p> <p>2:45 PM Chair Yoga (FR)</p> <p>3:00 PM Book Club (LC)</p> <p>4:00 PM Thursday Pub Trivia (V)</p> <p>The View Open 3pm-7:30pm</p>	<p>9:00 AM Grandparents Day Memories (Cafe) 6</p> <p>10:00 AM Sitting Exercise (FR)</p> <p>10:30 AM Trivia (FR)</p> <p>1:00 PM Horticulture (Cafe)</p> <p>2:00 PM Tea and Scones (AS)</p> <p>3:00 PM Happy Hour (V)</p> <p>7:00 PM Movie & Popcorn: Falling Inn Love (MT)</p> <p>The View Open 3pm-7:30pm</p>	<p>10:00 AM Independent Brain Games (GR) 7</p> <p>2:00 PM Bingo (DR)</p> <p>3:00 PM Create & Sip (V)</p> <p>3:50 PM St. Lucy's Mass (BT)</p> <p>4:30 PM Our Lady of Hope Mass (BT)</p> <p>7:00 PM Mexican Train Dominoes (Cafe)</p> <p>The View Open 3pm-7:30pm</p>	
<p>10:00 AM Personal Prayers (LC) 8</p> <p>1:00 PM Sunday Matinee and Gourmet Hot Cocoa (MT)</p> <p>1:00 PM Sunday Funday (V)</p> <p>3:00 PM Grandparents Day Ice Cream Social (Cafe)</p> <p>7:00 PM Card Games GR</p> <p>The View Open 1pm-4pm</p>	<p>10:00 AM Casino Trip: MGM (BT) 9</p> <p>2:00 PM Belsono Hearing Services (AS)</p> <p>2:00 PM Bingo (DR)</p> <p>3:00 PM Motor City Mitten Mission - Plarning (V)</p> <p>3:00 PM Jewelry Sale* (Cafe)</p> <p>7:00 PM Monday Night Movie: Little Women (MT)</p>	<p>10:00 AM Outdoor Walking Club (BT) 10</p> <p>1:00 PM Pinochle (V)</p> <p>2:45 PM Strength & Balance (FR)</p> <p>3:00 PM Rosary & Prayers (LC)</p> <p>4:30 PM Dinner Out: Salvatore Scallopini (BT)</p> <p>7:00 PM Downton Abby Series (MT)</p>	<p>10:00 AM Capuchin Ministries Tour and Healing Service (BT) 11</p> <p>10:30 AM Bible Study* (LC)</p> <p>1:00 PM Shopping: Kroger (BT)</p> <p>3:00 PM Wii Bowling (GR)</p> <p>7:00 PM Puzzle Time (GR)</p> <p>The View Open 3pm-6pm</p>	<p>10:00 AM Food Committee Meeting (LC) 12</p> <p>10:15 AM FUNctional Fitness (FR)</p> <p>11:00 AM Better Balance (FR)</p> <p>11:30 AM Fitness Assessments(FR)</p> <p>2:00 PM Safari Vest Craft (AS)</p> <p>2:45 PM Chair Yoga (FR)</p> <p>4:00 PM Thursday Pub Trivia (V)</p> <p>The View Open 3pm-7:30pm</p>	<p>9:30 AM Banking Trips (BT) 13</p> <p>10:00 AM Sitting Exercise (FR)</p> <p>10:30 AM Trivia (FR)</p> <p>1:00 PM Horticulture (Cafe)</p> <p>2:00 PM Card Bingo (V)</p> <p>3:00 PM Happy Hour - Celebrating Connie's 103rd Birthday! (V)</p> <p>7:00 PM Movie & Popcorn: The Competition (MT)</p> <p>The View Open 3pm-7:30pm</p>	<p>10:00 AM Independent Craft (AS) 14</p> <p>2:00 PM Bingo (DR)</p> <p>3:00 PM Create & Sip (V)</p> <p>3:50 PM St. Lucy's Mass (BT)</p> <p>4:30 PM Our Lady of Hope Mass (BT)</p> <p>7:00 PM Mexican Train Dominoes (Cafe)</p> <p>The View Open 3pm-7:30pm</p>	
<p>10:00 AM Personal Prayers (LC) 15</p> <p>1:00 PM Sunday Matinee and Gourmet Hot Cocoa (MT)</p> <p>1:00 PM Sunday Funday (V)</p> <p>1:15 PM Lac Ste. Claire Fine Air Fair (BT)</p> <p>3:00 PM DIY Heating Pads (AS)</p> <p>7:00 PM Card Games GR</p> <p>The View Open 1pm-4pm</p>	<p>10:00 AM Sunshine Visits (BT) 16</p> <p>1:00 PM Irish Hour: Irish Movie – Dancing at Lughnasa (MT)</p> <p>2:00 PM Bingo (DR)</p> <p>3:00 PM Jewelry Making (V)</p> <p>7:00 PM Monday Night Movie: Angels and Demons (MT)</p>	<p>10:00 AM Outdoor Walking Club (BT) 17</p> <p>1:00 PM Pinochle (V)</p> <p>2:00 PM Tech Help with Rae (LL)</p> <p>(sign up prior to)</p> <p>2:45 PM Strength & Balance (FR)</p> <p>4:30 PM Themed Dinner of September: Jungle Safari (DR)</p> <p>7:00 PM Downton Abby Series (MT)</p>	<p>10:00 AM Men's Group Outing (BT) 18</p> <p>10:30 AM Bible Study* (LC)</p> <p>2:00 PM Catholic Mass* (DR)</p> <p>2:00 PM Shopping: Village Market (BT)</p> <p>3:00 PM Wii Bowling (GR)</p> <p>3:30 PM Bridge (Cafe)</p> <p>7:00 PM Puzzle Time (GR)</p> <p>The View Open 3pm-6pm</p>	<p>10:15 AM FUNctional Fitness (FR) 19</p> <p>11:00 AM Better Balance (FR)</p> <p>11:30 AM Fitness Assessments(FR)</p> <p>2:00 PM Bunco (V)</p> <p>2:45 PM Chair Yoga (FR)</p> <p>4:00 PM Thursday Pub Trivia (V)</p> <p>6:30 PM Open Mic Night: GTKYN & Singalong (V)</p> <p>The View Open 3pm-7:30pm</p>	<p>10:00 AM Sitting Exercise (FR) 20</p> <p>10:30 AM Trivia (FR)</p> <p>1:00 PM Horticulture (Cafe)</p> <p>2:00 PM Healthy Snacks (AS)</p> <p>3:00 PM Happy Hour (V)</p> <p>7:00 PM Movie & Popcorn: Our Planet (Documentary) (MT)</p> <p>The View Open 3pm-7:30pm</p>	<p>10:00 AM Independent Brain Games (GR) 21</p> <p>2:00 PM Bingo (DR)</p> <p>3:00 PM Acoustic Guitar Music by Erika & Trey* (V)</p> <p>3:50 PM St. Lucy's Mass (BT)</p> <p>4:30 PM Our Lady of Hope Mass (BT)</p> <p>7:00 PM Mexican Train Dominoes (Cafe)</p> <p>The View Open 3pm-7:30pm</p>	
<p>10:00 AM Personal Prayers(LC) 22</p> <p>1:00 PM Sunday Matinee and Gourmet Hot Cocoa (MT)</p> <p>1:00 PM Sunday Funday (V)</p> <p>1:30 PM S.C.S. Farmer's Market (BT)</p> <p>3:00 PM Mandala Painting (AS)</p> <p>7:00 PM Card Games GR</p> <p>The View Open 1pm-4pm</p>	<p>10:00 AM Dumbbell Upper Body Exercises (FR) 23</p> <p>2:00 PM Bingo (DR)</p> <p>3:00 PM Motor City Mitten Mission - Plarning (V)</p> <p>7:00 PM Monday Night Movie: Poms (MT)</p>	<p>10:00 AM Outdoor Walking Club (BT) 24</p> <p>1:00 PM Pinochle (V)</p> <p>2:00 PM Monthly Birthday and Welcome Party with Jenn! (DR)</p> <p>2:45 PM Strength & Balance (FR)</p> <p>3:00 PM Rosary & Prayers (LC)</p> <p>3:00 PM Resident Council (DR)</p> <p>5:15 PM Prom Night at the Park at Trowbridge (BT)</p> <p>7:00 PM Downton Abby Series (MT)</p>	<p>10:00 AM Shopping: Meijer (BT) 25</p> <p>10:30 AM Bible Study* (LC)</p> <p>11:30 AM Maritime Center & Lunch at The Voyageur (BT)</p> <p>3:00 PM Wii Bowling (GR)</p> <p>7:00 PM Puzzle Time (GR)</p> <p>The View Open 3pm-6pm</p>	<p>10:15 AM FUNctional Fitness (FR) 26</p> <p>11:00 AM Better Balance (FR)</p> <p>11:30 AM Fitness Assessments (FR)</p> <p>2:00 PM Chapel Service with Pastor Rolf (LC)</p> <p>2:45 PM Chair Yoga (FR)</p> <p>3:00 PM Horse Races (GR)</p> <p>4:00 PM Thursday Pub Trivia (V)</p> <p>6:30 PM Grosse Pointe Theater: Mamma Mia (BT)</p> <p>The View Open 3pm-7:30pm</p>	<p>9:30 AM Banking Trips(BT) 27</p> <p>10:00 AM Sitting Exercise (FR)</p> <p>10:30 AM Trivia (FR)</p> <p>1:00 PM Horticulture (Cafe)</p> <p>2:00 PM Card Bingo (V)</p> <p>3:00 PM Happy Hour (V)</p> <p>7:00 PM Movie & Popcorn: Everybody's Fine (MT)</p> <p>The View Open 3pm-7:30pm</p>	<p>10:00 AM Independent Craft (AS) 28</p> <p>2:00 PM Bingo (DR)</p> <p>3:00 PM Create & Sip (V)</p> <p>3:50 PM St. Lucy's Mass (BT)</p> <p>4:30 PM Our Lady of Hope Mass (BT)</p> <p>7:00 PM Mexican Train Dominoes (Cafe)</p> <p>The View Open 3pm-7:30pm</p>	
<p>10:00 AM Personal Prayers(LC) 29</p> <p>1:00 PM Sunday Matinee and Gourmet Hot Cocoa (MT)</p> <p>1:00 PM Sunday Funday (V)</p> <p>7:00 PM Card Games GR</p> <p>The View Open 1pm-4pm</p>	<p>8:30 AM Breakfast in the Park (BT) 30</p> <p>2:00 PM Bingo (DR)</p> <p>3:00 PM Jewelry Making (V)</p> <p>7:00 PM Monday Night Movie: The Rosary Murders (MT)</p>	 <h1 style="color: red; margin: 0;">September 2019</h1> <h2 style="font-family: cursive; margin: 0;">Wellness Calendar</h2>					<p>Key for Rooms:</p> <p>LC = Lakeshore Chapel</p> <p>AS = Art Studio MT = Movie Theater</p> <p>V = The View GR = Game Room</p> <p>LL = Lakeshore Library</p> <p>FR = Fitness Room</p> <p>DR = Dining Room</p> <p>Café = Lakeshore Café</p> <p>DP = Dining Room Outside Patio</p> <p>RED = BUS TRIP (BT)</p> <p>BLUE = Fitness Classes</p>

